WALT explain how some people have helped us to have better lives.

Florence Nightingale and Mary Seacole were two nurses who helped change the way people were looked after.

Nursing Today

- The Royal College of Nursing (RCN) was set up in 1916 and it is where nurses can go to get help or advice about their work.

- In 1948, the National Health Service (NHS) was set up. This meant that everyone in the UK could get free medical help.

- There are many different types of nurses, such as children's nurses, adult nurses and accident and emergency nurses.

- People can go to university or to nursing school to train to be a nurse.

All About the NHS

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Let's find out more about our National Health Service (NHS) and the important work that it does.

What Is the NHS?

The NHS stands for the National Health Service in the UK.

People who work in the NHS keep people healthy. They help us when we're feeling poorly or are hurt.

When Do We Use the NHS?

Think about times when you have been helped by someone who works for the NHS.

Who helped you when you were hurt?


Who gave you medicine when you were poorly?

Who would you phone if you needed medical help in an emergency?

Life Before the NHS

The UK hasn't always had a National Health Service.

Before having the NHS, only very rich people could afford to go to hospital or get medical help.

Seeing a doctor used to cost a lot of money. If the person did not have enough money, they did not get the medicine or the help.

Aneurin Bevan

Aneurin Bevan decided to change things. He wanted everyone to be able to get help when they were ill or injured.

Aneurin Bevan was from Wales. He worked for the government.

After the Second World War, he was chosen to be in charge of health in the UK. His job was to think about how to keep everyone healthy.
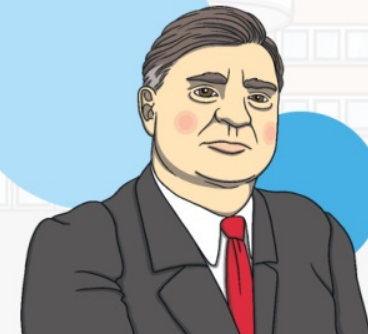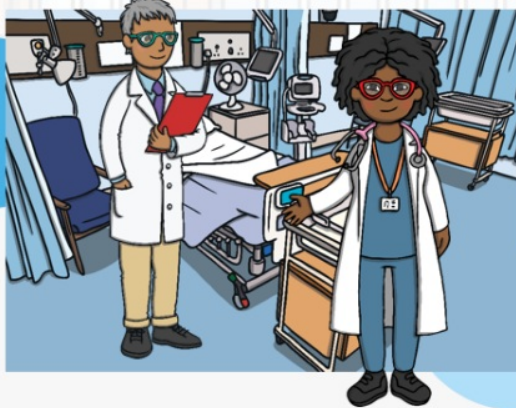
Aneurin Bevan

Aneurin Bevan started the National Health Service on 5th July 1948.

He wanted medical care to be free for everyone in the UK.

This meant that it did not matter whether people had lots of money or not - everyone could get treated and helped.

Why do you think the NHS is
important to have?

How can it help make our lives better?

How Does It Work?

Every person in the United Kingdom can get medical help when they need it, without paying a bill.

The UK has a special system for collecting money to pay for this.

Every grown-up with a job pays something called taxes. This is money that they pay to the government each month.

The money from taxes is shared out by the government. Some of the money is given to the NHS to pay for the staff, the buildings and the equipment.
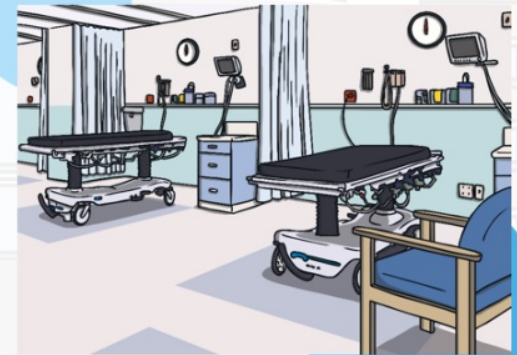
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NHS Staff

There are many different people who work in the NHS.

Every single person is important for the NHS to work together to keep us well.

doctors

Doctors see poorly patients in doctor's surgeries and hospitals. They work out what's wrong. They might perform operations.

paramedics

Paramedics help at emergencies when someone calls 999. They give people first aid and use an ambulance to get them to a hospital quickly.

people who answer 999 calls

Lots of people are needed to answer the telephone for when people call 999. They work out what help is needed and send the right person.

nurses

Nurses care for poorly patients. They might take your temperature, clean a wound or give you an injection.

Men and women can do all of these jobs.

dental team (dentists, dental nurses, office staff)

Staff at a dental surgery keep your teeth healthy. A dental nurse might clean your teeth. A dentist might give your tooth a filling or even take a tooth out.
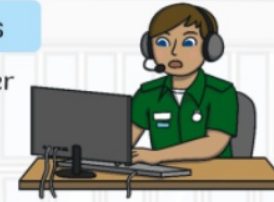
health informatics

Health informatics get facts to the right people at the right time. They help other people make decisions about how to stop diseases spreading or how to help people.

physiotherapists

Physiotherapists help people get their body working after an illness or injury. They might help you learn to walk again after an accident.

healthcare scientists

NHS scientists look for ways to help save lives and make lives better through research.

management

The NHS managers have to make sure the system runs smoothly. They work out how to spend money, how many people are needed to work at each hospital, and more.

midwives

Midwives look after pregnant women. They help to deliver the baby and to keep the mum and baby healthy afterwards.

pharmacists

Pharmacists get medicine ready for people who are poorly. They give people advice on taking the right medicine to get better.

mental health workers

These NHS workers support people's minds and help them if they feel really sad or worried.

wider healthcare team

There are lots of people needed to make the NHS work, such as cleaners, porters, chefs, building staff and more.

NHS Staff

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public health team

The public health team are in charge of making sure that we know how to live healthy lives and what to do if we are unwell.

Which jobs were new to you?

Did you know about all these different jobs within the NHS?

How has the NHS helped us recently?

There has been a virus called Coronavirus/COVID-19 that has spread to all of the countries in the world. It is a new virus that scientists, doctors and nurses had not seen before.

Doctors and nurses have been caring for people who have Coronavirus, in hospitals.

Cleaning staff have made sure that hospitals, doctor's surgeries and care homes are clean, to stop the spread of the virus.

NHS give advice to people on how to care for themselves.

Other health care workers have been continuing to look after people who need help.

New hospitals were built to make sure that there was room for poorly people.

Why do you think it's important for hospitals to be clean?

Think about what we've learnt from Florence Nightingale.

Can you think of any other ways that the NHS has helped us?

WALT discuss changes that have taken place in society during our life.

This new Coronavirus/COVID-19 has changed the way we live our lives in lots of different ways.

Boris Johnson (Prime Minister) has asked all of us to follow new rules in order to keep us safe from the virus.

Laws have been changed and there are things that we have not been allowed to do, that we used to do before. One of these new rules was that our school had to close and we have been doing our learning from home.

What other rules have you had to follow?

Talk to your grown up about some of the changes that have happened in the last few months.

WALT discuss changes that have taken place in society during our lives.
WALT talk about changes and our feelings associated with this.

Here are some words or phrases that you might have heard of recently. Do you know what they mean?

Key workers   Social distancing

PPE

Lockdown

Catch it, bin it, kill it.

WALT discuss changes that have taken place in society during our life.

Social distancing - keeping 2 metres apart from people we do not live with.

Lockdown - a state of isolation or restricted access as a security measure. We have only been allowed out of our houses to exercise or to get food. We can meet some people we know outside.

Key workers - people who do jobs that are needed to help us with essential things that we need e.g. cleaners, doctors, nurses, supermarket workers, delivery drivers, bus and train drivers, postmen/women, teachers and many more!

PPE - Personal Protective Equipment. Equipment that we can wear to help keep us safe from germs.

Activity time!

Option 1:
Poster - design a poster to show all of the people who
have helped us recently. You can
draw pictures and write captions. You might
want to include key workers, family
and friends and a thank you message.

Option 2:
Artwork piece (e.g. a drawing, painting, collage)
showing some of the changes that have taken place recently.
You might want the picture to be about home schooling,
staying at home, going for exercise.

Option 3:
'Helping Hands' - Draw around your hands and
draw pictures or write about how
you may have helped someone recently
or how you've been helped by someone
else. You could do a few hands, cut them out and stick them together to make a chain.