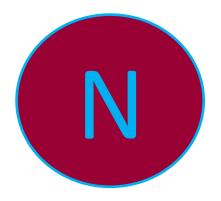
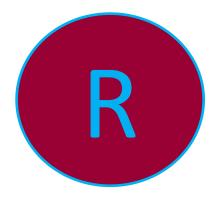


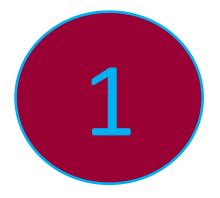
Name:		
Date my journey began -	/	/
Date my journey ended -	/	/



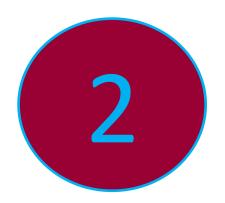
Activity	✓	Date
Visit the woods		
Draw a self portrait		
Plant some vegetable seeds and eat the product		
Go on an Autumn walk		
Make leaf prints		
Make some popcorn		
Make an ice picture		
Post a letter		
Hold a pet		
Search for worms outdoors		
Take a photo		
Have a teddy bears picnic		
Get messy		
Go on a 'foot sensory trail' with bare feet		
Play hide and seek		



Activity	✓	Date
Bake a cake		
Make a den		
Go on a bus		
Plant some bulbs and watch them grow		
Go on a Spring walk		
Make a sandwich		
Taste a new fruit		
Fly a kite		
Perform a song		
Make a treasure map		
Dress up like your favourite character		
Complete a science experiment		
Blow bubbles		
Visit a library		
Be a detective		



Activity	✓	Date
Learn a circus skill		
Learn and tell a joke		
Help someone younger than you		
Make a model that moves		
Feed an animal		
Star in your own video clip		
Learn and recognise 2 different types of bird		
Share your talent		
Squelch in the mud		
Taste something you have never eaten before		
Wear your slippers in school all day		
Learn to count to 10 in a foreign language		
Create a comic strip		
Help to create a whole class piece of art		
Make a jelly		



Activity	✓	Date
Make a sculpture		
Play a board game		
Get soaking wet in the rain		
Make a puppet		
Learn a card game		
Have hot chocolate and marshmallows		
Take part in a flashmob		
Make a paper aeroplane		
Learn to make an origami flower or animal		
Make something explode		
Take part in a water fight		
Go on a treasure hunt		
Read a book in the sunshine		
Learn how to make a fire		
Raise money for a chosen local charity		