

KOOL KIDS CAFÉ AUTUMN MENU 2021

Week 1	Week 2
Monday	Monday
Cheese Pizza with Sweetcorn, Homemade Coleslaw, Mixed Salad	Pasta Neapolitan in Herby Tomato Sauce with Broccoli
Vegetarian Option – Southern Crumb Quorn Burger in a Brioche Bun	Vegetarian Option – Jacket Potato with Cheese
Chocolate Mousse	Iced Smoothie
Tuesday	Tuesday
Picnic Day – Baguette with choice of Ham, Cheese or Tuna Mayo with Crisps, Biscuits, Salad Sticks, Carton of Juice	Chicken Fillet Wrap Served with Lettuce, Mayo and Savoury Rice
	Vegetarian Option – Southern Quorn Burger Wrap
Apple or Satsuma	Piece of Fruit
Wednesday	Wednesday
Roast Turkey with Roast Potatoes, Yorkshire Pudding, Cauliflower, Carrots and Gravy	Roast Beef with Roast Potatoes, Yorkshire pudding Carrots, Shredded Cabbage and Gravy
Vegetarian Option – Garlic and Herb Quorn Fillet	Vegetarian Option – Vegetable Strudel
100% Fruit Ice Lolly	100% Fruit Iced Lolly
Thursday	Thursday
Beef Meatballs in a Tomato Sauce with Wholegrain and White Pasta, Broccoli and Peas	Sausages with Mash, Cauliflower and Peas
Vegetarian Option – Falafel in a Tomato Sauce	Vegetarian Option – Veggie Sausages
Piece of Fruit	Shortbread Biscuit with Strawberry
Friday	Friday
Omega 3 Fish Fingers, Mash and Sweetcorn	Harry Ramsden Fish Fillet with Chips and Sweetcorn
Vegetarian Option – Leek and Cheese Tart	Vegetarian Option – Fluffy Omelette
Iced Chocolate Cake	Lemon Drizzle Cake