KOOL KIDS CAFÉ SUMMER MENU 2021

Week 1	Week 2	Week 3 Monday "Meat Free Monday" Pasta Neapolitan or Macaroni Cheese with Bread, Broccoli, Mixed Salad	
Monday "Meat Free Monday"	Monday "Meat Free Monday"		
Homemade Margherita Pizza or Southern Crumb Quorn Burger in a Bun with Sweetcorn, Homemade Coleslaw, Mixed Salad	Melted Cheese Jacket Potato or Tomato and Lentil Pasta Bake with Bread, Mixed Salad		
Chocolate Mousse	Iced Smoothies	Iced Smoothies	
Tuesday	Tuesday	Tuesday	
Marinated BBQ Chicken with Savoury Rice, Green Beans, Mixed Salad	Picnic Day - Baguette with choice of Ham, Cheese or Tuna Mayo with Crisps, Biscuits, Salad Sticks, Carton of Juice	Crunchy Chicken Fillet Wrap served with Lettuce and Mayo with Savoury Rice and Mixed Salad	
Vegetarian Option – Quorn Dippers with BBQ Sauce	Piece of Fruit	Vegetarian Option – Southern Quorn Burger Wrap served with Lettuce and Mayo	
Lemon Drizzle		Iced Sponge	
Wednesday Roast Pork in a Yorkshire Pudding with Roast Potatoes, Cauliflower, Broccoli, Optional Gravy	Wednesday Roast Beef with Roast Potatoes, Yorkshire pudding Carrots, Shredded Cabbage	Wednesday Roast Turkey with Yorkshire Pudding with Roast Potatoes, Green Beans, Carrots, Optional Gravy	
Vegetarian Option – Chickpea Wellington Piece of Fruit	Vegetarian Option – Vegetable Strudel Shortbread Biscuit	Vegetarian Option – Garlic and Herb Quorn Fillet Fruit Salad	
Thursday	Thursday	Thursday	
Beef Meatballs in a Tomato Sauce with Wholegrain and White Pasta, Carrots and Peas	Popcorn Chicken with Herby Diced potatoes, Broccoli, Mixed Salad	Butchers Sausage with Optional Gravy with Mashed Potato, Peas and Cauliflower	
Vegetarian Option – Falafel in a Tomato Sauce Toffee Crispy	Vegetarian Option - Popcorn Quorn Fruit Salad	Vegetarian Option – Vegan Sausages Syrup and Cornflake Tart	
Friday	Friday	Friday	
Seaside Fish Fillet with Herby Diced Potatoes and Peas	Omega 3 Fish Fingers with Chips, Peas and Mixed Salad	Harry Ramsden Fish Fillet with Chips, and Sweetcorn	
Vegetarian Option – Leek and Cheese Tart	Vegetarian Option – Vegetable and Cheese Quesadillas	Vegetarian Option – Folded Omelette	
100% Fruit Ice Lolly	Iced Chocolate Cake	100% Fruit Ice Lolly	